

# FULL MARATHON

WEEK 22  
21 MILES



Step	Stage	Total	Direction	Description
1	0.0	0.0	Start	Bethany Community Church @ Green Lake Drive N.
2	0.2	0.2	Southeast	Green Lake Drive N.
3	0.0	0.2	Cross	W. Green Lake Dr. N
4	0.8	1.0	Left/Clockwise	E. Green Lake Dr. N (outer path of Green Lake)
5	---	1.0	Cross	E Green Lake Dr N (Starbucks)
6	1.6	2.6	Left/Southeast	NE Ravenna Blvd
7	0.1	2.7	Left/East	NE Blakely St.
8	2.2	4.9	Left/Southwest	25th Ave NE onto the Burke Gilman Trail
9	---	4.9	Cross	NE 65th St <b>(WATER STATION)</b>
10	5.6	10.5	Turnaround	NE 165th St  Turnaround point will be chalked on the ground.  <b>(WATER STATION)</b>
11	---	---	Return	To Bethany Community Church (reverse route)
12	---	21.00	Finish	Bethany Community Church

Home Base: (206) 383-5949