

FULL MARATHON

Week 20
11 MILES



Step	Stage	Total	Direction	Description
1	0.0	0.0	Start	Bethany Community Church @ Green Lake Dr N
2	0.2	0.2	Southeast	Green Lake Dr N
3	0.0	0.2	Cross	W Green Lake Dr N
4	0.8	1.0	Left/Clockwise	E Green Lake Dr N (outer path of Green Lake)
5	---	1.0	Cross	E Green Lake Dr N (Starbucks)
6	1.6	2.6	Left/Southeast	NE Ravenna Blvd
7	0.1	2.7	Left/East	NE Blakeley St
8	2.3	5.0	Cross	25th Ave NE onto the Burke Gilman Trail
9	---	5.0	Cross	NE 70th St
10	0.5	5.5	Turnaround	Burke Gilman Trail intersection crossing NE 77th adjacent to 58 Ave NE
11	---	---	Return	To Bethany Community Church (reverse route)
12	---	11.00	Finish	Bethany Community Church

HOME BASE: (206) 383-5949