

FULL MARATHON

WEEK 1
2 MILES

Home Base: (206) 383-5949



1. From Bethany Community Church, go SE on Green Lake Dr N to the Green Lake park trail.
2. Turn left to go East and follow the Green Lake park trail until you meet the One Mile mark.
3. Turn around and follow back West along the Green Lake park trail.
4. Turn right at Green Lake Dr N, finishing at Bethany Community Church.