

HOME BASE: (206) 383-5949



HALF MARATHON

WEEK 19
7 MILES

Step	Stage	Total	Direction	Description
1	0.0	0.0	Start	Bethany Community Church @ Green Lake Dr. N
2	0.03	0.03	South	Stone Ave Nth
3	1.12	1.15	Right/West	North 80th St
4	1.87	2.97	Left/South	8th Ave NW
5	0.02	2.99	Cross	Cross Leary Way. Go a few yards SE on Leary Way to 8th Ave NW on the South side of Leary Way.
6	0.07	3.06	South	8th Ave NW (South side of Leary Way) 8 th Ave NW on the South side of Leary Way is not a fully improved street.
7	0.47	3.53	Left/Southeast	Burke Gilman Trail (Watch for NW 36th St.)
8	0.30	3.83	East	NW 36th St (becomes N 36th St.)
9	0.13	3.96	Left/North	Phinney Ave North
10	0.22	4.18	Right/East	N 39th St
11	0.75	4.93	Left/North	Fremont Ave
12	0.19	5.12	Left/West	N 50th St
13	1.36	6.48	Right/North	Phinney Ave/Greenwood Ave N (Phinney Ave curves slightly at the Starbucks around 67th and becomes Greenwood Ave N)
14	0.62	7.10	Right/East	North 77th St
15	0.17	7.27	Left/North	Stone Ave N
16	---	7.27	Finish	Bethany Community Church