

# FULL MARATHON

WEEK 11  
12 MILES



Step	Stage	Total	Direction	Description
1	0.0	0.0	Start	Bethany Community Church @ Stone Avenue N.
2	0.1	0.1	South	Green Lake Way N.
3	---	0.1	Cross	East Green Lake Way N.
4	1.5	1.6	Left/Southeast/Clockwise	Green Lake (Outer Track)
5	0.5	2.1	Left/South	Green Lake Way N
6	1.2	3.3	South	Stone Way N
7	---	3.3	Cross	N. 34th St
8	1.6	4.9	Left/East	Burke Gilman Trail
9	---	4.9	Under	I-5
10	0.3	5.2	Cross	15th Ave NE (3/4 of a mile from Turnaround Point)
11	0.4	5.6	Cross	Riviera Vista (less than 1/2 mile from Turnaround Point)
12	0.4	6.0	Turnaround	At Mile 6
13	0.4	6.4	Cross	Riviera Vista
14	0.4	6.8	Cross	15th Ave NE
15	0.3	7.1	Under	I-5
16	1.6	8.7	Right/West	Burke Gilman
17	1.2	9.9	Right/North	Stone Way N
18	0.5	10.4	Right/North	Green Lake Way N
19	1.5	11.9	Right/North/Counter Clockwise	Green Lake (Outer Track)
20	---	11.9	Cross	E. Green Lake Dr N
21	0.1	12.0	Right/Northwest	Green Lake Dr. N
22	---	12.0	Finish	Bethany Community Church

HOME BASE: (206) 383-5949