

Full Marathon

Week 10
10.0 Miles

Home Base: (206) 383-5949



Step	Stage	Total	Direction	Description
1	0.0	0.0	Start	Bethany Church
2	0.05	4796ft	slight right	Green Lake Dr N
3	0.95	1mi 330ft	straight	E Green Lake Way N
4	2.02	1810ft	slight left	E Green Lake Way N
5	2.36	1444ft	right	N 50th St
6	2.63	966ft	slight right	N 50th St
7	2.82	1mi 392ft	left	Fremont Ave N
8	3.89	1778ft	left	N 34th St
9	4.23	1269ft	right	Stone Way N
10	4.47	270ft	slight right	N Northlake Pl
11	4.52	1253ft	slight right	N Northlake Pl
12	4.75	121ft	slight left	Burke Gilman Trail
13	4.78	2mi 2680ft	slight left	Burke Gilman Trail
14	7.29	588ft	left	NE Ravenna Blvd
15	7.4	53ft	left	N 17th Ave NE
16	7.41	381ft	right	NE Ravenna Blvd
17	7.48	740ft	right	NE Ravenna Blvd
18	7.62	2358ft	left	20th Ave NE
19	8.07	3782ft	left	NE 65th St
20	8.78	1755ft	right	NE Ravenna Blvd
21	9.11	5227ft	straight	E Green Lake Way N
22	10.1	-	Left/Finish	Stone Ave N

